
Low Calorie

Salads

Strawberry spinach salad
Asparagus, egg, and bacon salad
Cranberry gorgonzola salad

Entrée

Roasted chicken thighs with a mustard-thyme sauce
Szechuan shrimp
Fillet mignon with rich balsamic glaze

Sides

Sautéed garlic asparagus
Herb roasted red potatoes
Quinoa and black beans
Roasted Seasonal vegetables

Dessert

Apple cider crisp
Lemon yogurt cake
Dark chocolate chunk bread pudding