
Low Carb

Salads

Grilled shrimp, citrus, and fennel salad

Arugula, apple, and bacon salad with cranberry vinaigrette

Pear, spinach, and pancetta salad

Entrée

Chicken Cordon Bleu

Shrimp Scampi with linguini

Peppercorn fillet mignon

Sides

Creamy mashed cauliflower

Garlic broccoli

Sautéed asparagus with slivered almonds

Parmesan green beans

Desserts

Panna cotta

Pear crisp

Strawberry tart with walnut crisp